

# PLANT A TREE

🔗 **If you have the means to plant a tree, start digging:**

🔗 **During photosynthesis, trees and other plants absorb carbon dioxide and give off oxygen**

🔗 **They are an integral part of the natural atmospheric exchange cycle here on Earth, but there are too few of them to fully counter the increases in carbon dioxide caused by automobile traffic, manufacturing and other human activities**

🔗 **A single tree will absorb approximately one ton of carbon dioxide during its lifetime**