

# Meat in Moderation

- 20% of ALL greenhouse gas emissions is attributed to meat production
- Greenhouse gas emissions from meat production is greater than the emissions from planes, trains, and cars COMBINED
- About 65% of our nitrous oxide emissions are generated by animal agriculture, which is also the #1 source of methane emissions
- Both nitrous oxide and methane produce a greater climate change impact than the notorious culprit, CO2
- The average U.S. diet produces 1.5 tons more greenhouse gases than no-meat diets.
- Worldwide, nearly half of all fresh water is used to raise livestock, and animal agriculture uses more water than all other agriculture
- The EPA finds that animal waste pollutes our waterways more than all other industrial sources combined.
- Animal agriculture is the primary source of damage to coastal waters in 4 of the 7 continents—more than 60% of coastal waters in the U.S. alone are “moderately to severely” polluted by factory farms.